



Menu of Services



### Chuan Spa at The Langham, Shenzhen

Chuan Spa at The Langham, Shenzhen has been designed to create an ambience of tranquillity for both contemplation and inspiration. In Chinese culture, flowing water is seen to be the source of life and balance; A key to keeping mind, body and soul in check. In Chinese, the word Chuan means a serene course of water and the Chuan Spa facilities are modelled to reflect this harmony by using the principles of Feng Shui. Chuan Spa at The Langham, Shenzhen creates a wonderful haven away from the outside world, embracing a natural aesthetic with interiors of soft and calming hues. The exclusive treatment facilities include Herbal Steam rooms, Himalayan Saunas, outdoor Jacuzzi and Snail Showers which alongside The Langham's exceptional service, makes Chuan Spa the perfect place to revitalize your mind, body and soul.



## Chuan Tri-bathing Ritual

Before your treatment, embark on a natural water journey - the Chuan Tri-bathing Ritual.

The complimentary tri-bathing ritual features an array of wet facilities to exploit the body's reaction to hot and cold stimuli for deeper dimensions of relaxation, health and wellbeing.

The ritual begins with the herbal steam allowing the heat to loosen and soothe tightened congested muscles. As an interlude, take a snail shower to awaken your spirit. Round off the ritual with Himalayan sauna to prepare you for your spa treatment.

The regime of alternate hot to cold produces rotating sedative and invigorating responses in the body to stimulate and awaken your senses. The hot and cold sensation on the skin penetrates deep into the body where it is instrumental in balancing the energies, stimulating the immune system, enhancing blood circulation, promoting detoxification, and restoring the body to a state of harmony.

The Chuan Tri-bathing Ritual is part of the journey to rejuvenate and soothe your body, mind and soul.

## Product Range

### Chuan Spa Treatments and the Five Elements

The foundation of our Chuan Spa signature treatments is Traditional Chinese Medicine (TCM) and the five elemental forces of wood, fire, earth, metal and water. These life elements combined with your energy flow and the influence of hot and cold have great influence on your wellbeing.

Spending a moment to complete a five element questionnaire at the beginning of your journey ensures your therapy addresses the imbalances of your life elements. Your selected element may change on a daily basis and is affected by what you eat, the seasons of the year as well as your bio-rhythms.

Our range of five-element essential oils, incense, candles, teas and juices have been created exclusively and in consultation with professionals in Chinese Medicine and Naturopathy.

### Thalgo Treatments

Blending the best from the east and west, we are delighted to also offer Thalgo treatments.

French experts in marine beauty for over 40 years, Thalgo has drawn on the riches of the ocean to find the essential elements for authentic and effective cosmetology. Thalgo makes the most of the extraordinary potential of the sea to develop its professional treatments and beauty products. The sea is the support of life on earth and constitutes an immense reservoir of substances that are only just beginning to be exploited scientifically. It contains over 500,000 aquatic species and 25,000 algae, of which less than 30 species are used today. Algae are the basis of marine spa treatments. Their active potential is immense: for example, one algae contains a thousand times more iodine, one hundred times more calcium, and ten times more magnesium and copper than a terrestrial plant.

Drawing their power from the marine universe, Thalgo products and treatments perfectly complement our flowing water theme – 'Chuan'.



## BABOR

Our cosmetic institutes are havens of relaxation and tranquility to serve as your reprieve from stress caused by everyday life. Here you can immerse yourself in the luxurious world of BABOR and let us pamper you from head to toe. Relax, take a deep breath, recharge your batteries and enjoy our beauty philosophy: renewing effects for the skin, regeneration for the body and soul.

The treatment methods used by BABOR aestheticians meet the highest quality standards, and combine beauty expertise and wellness to create a perfect balance. Effective treatments based on exclusive active ingredients and therapeutic rituals give your skin everything it needs to restore its radiant glow. Every treatment begins with a skin analysis. After a BABOR certified aesthetician has ascertained an exact picture of your skin condition and discussed your desires, the aesthetician will develop a perfectly suited beauty solution – a combination of the BABOR skincare methods and our exclusive products tailored individually to your needs. BABOR treatments are luxurious and unique – as unique as your skin. Relax and allow BABOR to reveal your true beauty.

### Chuan Signature Escapes

Our Chuan Escape packages combine unique elements from both our Chuan Signature and Thalgo treatment range, to provide timeless Chuan experiences.

### Chuan Body Elements

RMB 1,100

1 hour 30 minutes

Start by restoring balance and reducing tension with our signature Chuan Harmony massage. Then nourish the skin with the hydrating benefits of our Thalgo Oceanic aromatic bliss facial care. A perfect escape to soothe the soul and restore vitality.

- 45-minute Chuan Harmony Massage
- 45-minute Absolute Rehydration Facial

### Chuan Tao of Detox

RMB 1,680

2 hours 30 minutes

Enjoy a luxurious full body exfoliation to stimulate blood and lymph circulation before you are enveloped in a warm marine algae wrap infused with aromatherapy oils, intensifying the detox process. Then the body is rejuvenated as we ease tension in your back, neck and shoulders using an acupuncture massage to release energy blocks. To finish, enjoy a Thalgo Oceanic Enchantment facial which infuses an intensive oxygen booster to restore dehydrated skin leaving it deeply nourished.

- 30-minute Descomask Scrub
- 30-minute MMA Body Wrap
- 30-minute Back Massage
- 60-minute Oceanic Enchantment Facial

### Chuan Ritual

RMB 1,680

2 hours 30 minutes

Chuan Signature Massage 60mins + Thalgo Facials 60mins + Chuan Extra Retreats 30mins

#### Select from:

- Chuan extra retreat: Herbal Salt Scrub or Chuan Mini Muddy Elements or Chuan Mini Feet Retreat
- Chuan Signature Massage: Chuan Harmony or Chuan Balancing
- Thalgo Facial: Oceanic Enchantment or Aromatic Bliss



## Escapes

### Chuan Jet Lag Revival

RMB1,380

2 hours

Restore and revive. Combat jet-lag, fatigue and mental exhaustion by balancing your senses with a Herbal Salt Scrub to stimulate and smooth the skin. A therapeutic Chuan Harmony Massage slowly takes away any feeling of tiredness, stress, muscle aches and tension. To finish, an invigorating foot massage brings you back to earth feeling totally rejuvenated and renewed.

- 30-minute Chuan Herbal Salt Scrub
- 60-minute Chuan Harmony Massage
- 30-minute Chuan Mini Feet Retreat

### Serenity Shen

RMB1,880

3 hours

Your journey begins with your signature Stone Therapy Massage. Next, the ultimate facial awaits, with blended essential oils and a revitalising cool marine algae mask. The serenity is completed with a refreshing foot treatment. This total body treatment will transport you to a dreamy state of relaxation, nourishing the skin, soothing the soul and calming the mind.

- 90-minute Chuan Stone Therapy
- 60-minute Deluxe Facial
- 30-minute Foot Massage

### For that Extra Luxury

RMB500

45 minutes

Our Chuan Spirit VIP suite is available for booking of any package or treatment both single and couples. This extra luxury comes with a delectable seasonal fruits platter accompanied by our private label Chuan 5 Elements tea. Inside the luxury suite, you will find a personal Jacuzzi and enlarged relaxation lounge. (To enjoy the Chuan Spirit VIP suite, this required to accompany with minimum 60-minute treatments and above).

## Chuan Signature Massages

At Chuan, our massage therapies combine Traditional Chinese Massage techniques and private label blended oils to restore balance and harmony.

### Chuan Neck, Back and Shoulder

RMB480

30 minutes

RMB600

45 minutes

RMB800

60 minutes

Ideal for those who have limited time or a perfect add-on treatment to enhance your time with us. A deep acupressure oil massage focusing on the neck, back and shoulders.

### Chuan Balancing

RMB800

1 hour

RMB1,100

1 hour 30 minutes

This massage incorporates acupressure techniques which are well-known for their ability to release muscular tension and promote the circulation of the body's life force (Qi) to aid healing. Acupressure is an ancient art that uses mild pressure to stimulate the body's natural self-curative abilities.

### Chuan Harmony

RMB800

1 hour

RMB1,100

1 hour 30 minutes

Designed to stimulate meridian harmony, this unique mind, body and soul experience combines the therapeutic elements of acupressure with various relaxation massage techniques to induce a deep sense of calm. This full body oil massage stimulates a sense of wellbeing and relaxation.



### Chuan Stone Therapy

RMB1,100

1 hour 30 minutes

Balance the yin and yang energies through the use of hot (yang) and cold (yin) stones. Let your body unwind as the hot stones increase body circulation and assist immune function by removing waste products. Finish with cold stones on the lower back to calm internal heat, assists injury recovery and increase mental alertness. The use of hot and cold stone is integrated in a therapeutic massage.

### Massages

#### Swedish

RMB800

1 hour

RMB1,100

1 hour 30 minutes

A soothing massage helps to removed tight knots of tension and deep relaxing strokes that calm your nerves and soothe you into a deep relaxation. This massage stimulates blood circulation, improves lymphatic drainage and helps to eliminate the toxins that contribute to most aches and pains.

#### Balinese

RMB800

1 hour

RMB1,100

1 hour 30 minutes

The long, firm and kneading strokes using the palm and lower hand pressure offer a deep and therapeutic massage to improve immunity and blood circulation. This traditional massage practice which has been handed down through generations is a holistic approach to relieve headaches, frayed nerves and muscular strains.

### Detox Lomi Lomi

RMB800

1 hour

RMB1,100

1 hour 30 minutes

It is a combination of Detox massage technique and LomiLomi Massage.

Lomi is Hawaiian Language means Massage which includes the techniques such as Forearms, Palms, Effleurage or Long strokes & Thumbs.

The benefits of DeLomi massage – relaxes our body and mind, boost up blood circulation, relieves tension, detoxifying and feel balanced after the treatments.

### Manual Lymphatic Drainage

RMB400

30 minutes

(Face, neck & shoulder / tummy, legs & arm / back)

RMB1,100

1 hour 30 minutes

(Whole body)

Lymphatic Drainage Massage helps the body to flush out toxins and stored fats to promote healthy lymph flow and its improve the immune system. Manual Lymphatic Drainage is a gentle and rhythmic technique.

Most people experience lymphatic massage as deeply relaxing and even rejuvenating.

Despite the light massage technique, it is a very effective in its intentions to awaken the lymphatic system and create pathways for the lymph fluid to flow and be removed from the body naturally.



### Chuan Recommended Add On's

To complement our Massages, we recommend the following:

- Chuan Herbal Salt Scrub (30 minutes)
- Chuan Signature or Thalgo Facial (75 minutes)

### Traditional Chinese Therapies

Chinese medical practitioners use cultural beliefs to interpret the states of wellbeing. Any disharmony of the equilibrium of Yin and Yang or disturbance of their flow can cause imbalance. The task of a Chinese Therapist is to restore such imbalance. Some treatments include Heavenly Jing Luo, Ho Guan (Cupping) & Gua Sha (Scrapping). The aim is to supplement the deficiency of either Yin or Yang or to reduce the excess. The holistic approach of Chinese medicine is to treat the body as a whole and address any imbalance.

### Ba Guan (Cupping)

RMB400 30 minutes

Cupping refers to an ancient Chinese practice in which a heated cup is applied to the skin and the pressure in the cup has therapeutic effect on the skin and superficial muscle layer.

This therapy can treat cold and flu, dredge the meridians, increase the qi and blood circulation, relief heat exhaustion, improve body's yin and yang balance, fatigue and enhance the functionality of the physical.

### Gua Sha (Scrapping)

RMB400 30 minutes

Gua sha is to perform by rubbing a smooth-edged instrument across the skin surface where a subcutaneous injury or imbalance resides.

Gua sha is used to treat many acute and chronic health problems including colds and flu, fever, headache, indigestion, dizziness and heat exhaustion.

### Herbal Compress

RMB400 30 minutes

The Herbal Compress technique offers several potential health benefits: It induces deep relaxation, relieves stress and fatigue, boosts both emotional and physical well-being, assists alignment and postural integrity of the body, improves circulation of blood and lymph and stimulates the internal organs.

The hot compresses are ideal for alleviating pain, stiff, sore or pulled muscles and ligaments, chronic back aches, arthritis, migraines and chronic stress or anxiety. The blend of traditional Chinese herbs used in these compresses has a relaxing and invigorating effect on the body and mind, soothing sore and overworked muscles while giving the body's energy reserves a huge boost.

### Traditional Chinese Massage

RMB700 1 hour

RMB900 1 hour 30 minutes

Through the application of deep tissue massage and manipulation techniques, this treatment will establish a more harmonious flow of Qi through the stimulation of meridians, allowing the body to naturally heal itself. Methods include the use of hand techniques to massage the soft tissue (muscles and tendons) of the body, acupressure techniques to directly enhance the flow of Qi, and manipulation techniques to realign the muscles and ligament relationships.



### Traditional Chinese Package

RMB1,100

2 hours

This is an oriental body work that has been in use in China for centuries. A combination of massage, acupressure and other forms of body manipulations, Tui Na works by applying pressure to acu-points, meridians and groups of muscles or nerves to remove blockages that prevent the free flow of Qi.

Removing these blockages restores the balance of Qi in the body, leading to improved health and vitality.

- 90 minutes Traditional Chinese Massage
- 30 minutes Herbal Compress/Gua Sha or Ba Guan)

### Chuan Recommended Add On's

To complement our Traditional Chinese Therapies, we recommend the following:

- Chuan Yu Facial (1hr)

### Chuan Signature Facial



#### Chuan Yu

RMB900

1 hour 15 minutes

Through scraping on important meridian points, it increases the flow of body circulation. With the use of Jade known as healing stone will nurture, heal and restore our skin. Suitable for all skin types and not recommended for those with acne and very delicate skin.



#### Thalgo Facials

Thalgo uses the riches of the sea, allowing you to benefit from the powerful healing, revitalising and re-balancing properties vital for health and wellbeing. Thalgo facials offer spectacular results in purifying, hydrating, and firming.



### Collagen Velvet Eye

RMB480

30 minutes

Combat fine lines associated with dehydration with this deluxe eye treatment. Relax with a calming pressure point massage of the eye contour area followed by the application of a velvet smooth collagen mask to rejuvenate tired eyes with immediate smoothing results.



### Beauty Flash Facial

RMB600

45 minutes (without mask)

A quick pick-me-up for those in a hurry and works wonders in minutes. Suitable for all skin types with rich moisturising facial and relieve tension.



### Hydra-Moisture Facial

RMB900

1 hour 15 minutes

Combining the purest essential oils. Plant extracts and a cool marine algae mask, this facial is the ultimate in relaxation. Suitable for all skin types, this rich moisturising facial will soften expression lines and relieve tension.



### Micronized Marine Algae Facial Treatment

RMB900

1 hour 15 minutes

The original marine algae rich in minerals, vitamins and micronutrients that helps to activates circulation, increases metabolism and relieves aches and pains. A 100% marine algae treatment, this facial regulates sebaceous secretions while ridding the skin of its impurities. This is the perfect facial for those with oily or problematic skin types





### Silicium Super-Lift Facial

RMB1,580

1 hour 30 minutes

The product contains Marine Silicium Complex, to rebuild the dermic matrix by activating the synthesis of collagen, elastin and hyaluronic acid, and to restore bounce, firmness and youth to the skin. It fills in wrinkles, smoothing and lifting the skin.

### Chuan Signature Wraps & Scrubs

#### Chuan Herbal Salt Scrub

RMB480

30 minutes

Relax as a warm oil and herbal salt combination of mint and ginger provide a deep cleansing treatment designed to exfoliate and revitalise the skin and body by enhancing circulation and aiding digestion

#### Chuan Muddy Elements

RMB1,100

1 hour 30 minutes

Integrating the five Chinese elements into five signature muds, this treatment is specifically designed to nurture you in a truly unique way. Your sensory journey will begin with a warm oil and herbal salt exfoliation to stimulate the skin. Relax as your entire body is enveloped in your elemental mud and wrapped, allowing the therapeutic elements and essential oils to infuse. Your stress will evaporate as your scalp is gently massaged and your face cleansed before we complete the treatment with a full body hydrating lotion.

- 30 minute Chuan Herbal Salt Scrub
- 30 minute Mud Wrap with Scalp Massage
- 30 minute Face Cleanse and Body Hydration

### Scrubs & Wraps

#### Coffee Scrub

RMB600

45 minutes

The coffee grounds can help exfoliate old skin cells, while the caffeine can help minimize the appearance of cellulite and varicose veins; this is because caffeine works to constrict blood vessels so it can temporarily reduce varicose veins. Caffeine may help prevent or delay the progression of skin cancer.



#### Micronized Marine Algae (MMA) Body treatments

RMB1,400

2 hours

This wrap contains 100% natural algae enriched with vitamins, minerals, trace elements and proteins. The healing properties of the sea can relieve muscular fatigue, boost sluggish cutaneous circulation, rebalance metabolism, and helps detoxification.

- 45 minute Desco exfoliation
- 45 minute body wrap
- 30 minute back massage



#### Busts Firming treatments

RMB1,100

1 hr 15min (without Serum)

RMB1,400

1 hr 30min (with Firming Serum)

This treatment is an anti-aging, conditioning treatment with mineralizing thermal spring water from Aachen. Micromolecules derived from zeolite rock and vitamin rich Elsberry extracts detoxify the skin and improve its elasticity. Essences of kigelia Africana have an extremely firming effect on the bust area.



## Chuan Signature Man

### Chuan Man Maintenance

RMB800

1 hour

Designed to meet a man's specific needs. Relieve tension and fatigue while restoring strength and vitality to the skin. A warm blue green algae mask will deeply replenish while the powerful healing properties of plant extracts repair and soothe any irritation. Energizing and purifying.

### Chuan Man's World

RMB900

1 hour 15 minutes

This treatment commences with a back exfoliation to help cleanse and replenish the skin leaving it revived and re-energised. Then follows a relaxation massage to release muscular tension and relax the body. The treatment concludes with a purifying facial cleanse specifically designed for a man's complexion.

- 10 minute Back Body Scrub
- 30 minute Back Massage
- 35 minute Purifying Facial

## Chuan Signature Hand and Foot Therapies

### Chuan Healing Hands

RMB600

1 hour

Suppleness is restored to hard working hands with our warm oil and herbal salt exfoliation before the hands are wrapped in a nourishing mud mask. Your hands will feel completely pampered as we complete the treatment with a massage application of aromatic hand lotion containing rose, lavender and vitamin e.

### Chuan Feet Retreat

RMB600

1 hour

This refreshing treatment enhances circulation and enlivens tired and aching feet. Relax as we immerse your feet in a warm aromatic foot soak, before softening the skin with the warm oil and herbal salt exfoliation. A foot mask infused with peppermint, lemon and cypress is then applied to revitalize the feet. Integrating the benefits of Chinese pressure points to release tension and clear energy blocks, your feet will be completely refreshed and pampered.

### Chuan Heavenly Jing Luo

RMB900

1 hour 30 minutes

This unique Chuan Signature foot treatment is designed to maintain a healthy equilibrium between mind and body by optimize the blood and "Qi" flow, strengthen the immune system and promote revitalization. Jing Luo used acupuncture techniques and reflex points. Traditional Chinese herbs and hot stones are used to help aid in detoxification, induce deep relaxation and nourish the skin.

### Chuan Reflex Remedy (hand and foot treatment)

RMB600

1 hour

Drawing on reflex points and integrating Chinese pressure point principles, this extremity indulgence integrates acupuncture points that will work to address the elemental disharmony of your feet and hands - leaving you feeling totally rejuvenated & aiding in natural healing throughout the body.



## LIFESTYLE

Chuan Spa cordially invites you to sculpt your body and soul

Located on level 5 at Chuan Spa – Health and Wellbeing where you can workout, recharge and rediscover your source.

## Health Club

Located on level 5 is our Health Club with state-of-the art equipment including cardiovascular machines, strength machines together with a comprehensive range of free weights are available. The latest in audio/visual equipment allows you to enjoy your favourite music / channel while working out. Awaiting you at the Health Club are experienced personal trainers to help you achieve your personal health & fitness goals.

## Swimming Pool

Perched on the level 5, 24 metres outdoor swimming pool will help you swim away a hard day. The pool deck is lined with luxurious pool loungers, and a heated Jacuzzi to massage your stress away.

## Changing Room

After your work-out, retreat to our well-equipped changing rooms to enjoy the sauna, herbal steam room, ice experience, snail shower or freshen yourself in the shower and vanity areas equipped with private lockers.

## Health Club Membership

Chuan Spa offers exclusive Health Club memberships to suit your personal needs. Individual and couple memberships are available.

For more information, please contact Chuan Spa on 86 (755) 8828 8093.

## Personal Trainer

If you need more guidance using the fitness equipment or extra motivation to achieve your goals, a Personal Trainer can help boost your knowledge and confidence.

Our team of professional personal trainers are available on an individual session or course basis.

Your Personal Trainer can advise you on the number of sessions best suited to your requirements and achieving your goals. They will guide you through each step of your new lifestyle, setting up workouts for the week, planning your nutrition, fitness assessment, monitoring your progress and providing detailed reports on every aspect of your health and fitness.

The initial session is divided in to three sections: Fitness Assessment, Programme Design and Training Session.

Your Personal Trainer works with you to set goals and then checks / records key areas of your fitness and general health. A programme is designed, based on your aspirations and the results of the fitness assessment. Your Personal Trainer then guides you through a one to one Training Session focusing on technique, posture and overall level of fitness.



## Chuan Experience

### Chuan Scheduling

We highly recommend you book your treatment in advance to secure your preferred day and time. This can be done in person, over the telephone 86 (755) 8828 8093, email [tlzcx.info@chuanspa.com](mailto:tlzcx.info@chuanspa.com) or on our website [www.chuanspa.com](http://www.chuanspa.com)

Any change to a scheduled treatment booking time requires a minimum of 6 hours advance notice.

Please arrive at least 30 minutes before your scheduled appointment time to check in and enjoy the facilities at Chuan Spa.

A valid credit card and telephone number are required to reserve all treatments and packages.

### Chuan Cancellation Policy

6-hour notice must be given to cancel or amend any reserved treatment.

If less than 6 hours, 50% of the full treatment fee will be levied.

In case of no-show, full treatment fee will be levied. All packages and products are non-refundable.

### Chuan Day Spa Users

Day spa users with a minimum spend of RMB500 can enjoy the use of all of facilities at Chuan Spa - Health and Wellbeing including swimming pool, fitness studio, Himalayan sauna, herbal steam room and freshen yourself in the snail shower

3-hour complimentary parking is available to all day spa users when booking a treatment.

### Chuan Gift Vouchers

The perfect gift for all occasions. Gift vouchers are available for any of our treatments and packages. The vouchers can also be set to any face value redeemable as part-payment for any spa services.

### Chuan Group Reservations

Please contact the Chuan Spa Management for groups of over 5 people. We offer a range of packages to suit all requirements. For all enquiries, call the Chuan Spa Concierge on 86 (755) 8828 8093

## How To Spa

### Check-in

When you arrive at Chuan Spa you will be asked to complete a brief lifestyle elemental questionnaire to determine which treatments will best suit your needs. At this time please inform our Spa Concierge if you have any health concerns.

We recommend some time before your treatments to shower and enjoy the therapeutic benefits of our wet facilities – herbal steam room, Himalayan sauna, snail shower, indoor and outdoor swimming pool.

While we will always try to accommodate your treatments, late arrival may mean a reduction in your treatment time due to prior bookings.

### Etiquette

Mobile phones, while a necessary part of modern living are not permitted in any of our treatment rooms or relaxation lounges. In all other areas, please be considerate of other guests and switch them to quiet or meeting mode.

### Minimum Age

The Spa and The Fitness are only appropriate for guests 16 years and older.



### Spa wear

We provide disposable underwear for your privacy and our therapists will advise you on their usage. They should be worn during water based treatments and massage treatments – our therapists are fully trained to drape you to protect your privacy at all times.

### Health

Please remember to drink fluids, especially water during and after your time at Chuan Spa. Most of us do not take in enough fluids daily – so please remember the source of life. Gentleman should shave a few hours before any facial treatment to increase comfort.

If you have enjoyed a massage we suggest you leave the oils on your skin for up to 2 hours before taking a shower so that your skin fully absorbs the oils' properties.

If you are pregnant or have any other condition that you feel we should be aware of, please inform our Spa Concierge and your therapist – thank you.

Our therapists are fully trained to ensure your treatments are some of the best you will experience. However, please inform them at any time if you are uncomfortable or require anything else during your treatment – massage pressure, room temperature ...

### Valuables

We recommend you leave valuables in your room or at home, we do not assume liability for any valuables.

### Gratuities

Gratuities for good service are at the guest's discretion.

### Others

Gambling, smoking & alcohol consumption within Chuan Spa, The Fitness and The Pool are strictly prohibited. Please refrain from drinking any alcoholic beverage 3 hours or longer before your treatments.

The therapist reserves the right to terminate the treatment if he/she feels the guest's behaviour is undesirable.

### Chuan Memberships

Join us today, and enjoy more privileges

Coming to Chuan Spa is more than mere relaxation and enjoyment. It's a place where you can re-create the harmony between mind and body, and restore one's self.

For more details on membership at a Chuan Spa near you please contact us.

### Chuan Health and Wellbeing Membership

At Chuan Spa, membership is much more than access to exercise or spa treatments. It is your ticket on a journey to health and well-being. From our attentive service, and Asian-inspired surroundings, to an extensive array of services and products, we pay attention to the smallest details to ensure you enjoy every moment of your Chuan experience. Enquire about the benefits & details of our membership programs today.

The membership cost becomes credits to be used against all spa treatments in the menu.

Terms and Conditions apply



**The Langham, Shenzhen**

7888 Shennan Boulevard, Futian District, Shenzhen 518040, China

T (86) 755 8828 8093 F (86) 755 8828 8999 [tlszx.info@chuanspa.com](mailto:tlszx.info@chuanspa.com)

[www.chuanspa.com](http://www.chuanspa.com)



# Treatment Price List



<b>Chuan Signature Escapes</b>	<b>Durations</b>	<b>Price (RMB)</b>
Chuan Body Elements	1 hr 30min	1,100
Chuan Tao of Detox	2hr 30min	1,680
Chuan Ritual	2hr 30min	1,680
<b>Escapes</b>		
Chuan Jet Lag Revival	2hr	1,380
Serenity Shen	3hr	1,880
For that Extra Luxury	45min	500
<b>Chuan Signature Massages</b>		
Chuan Neck, Back and Shoulder	30min / 45min / 1hr	480 / 600 / 800
Chuan Balancing	1 hr / 1hr 30min	800 / 1,100
Chuan Harmony	1 hr / 1hr 30min	800 / 1,100
Chuan Stone Therapy	1 hr 30min	1,100
<b>Massages</b>		
Swedish	1 hr / 1hr 30min	800 / 1,100
Balinese	1 hr / 1hr 30min	800 / 1,100
Detox Lomi Lomi	1 hr / 1hr 30min	800 / 1,100
Manual Lymphatic Drainage (partially)	30min	400
Manual Lymphatic Drainage (whole body)	1 hr 30min	1,100
<b>Traditional Chinese Therapies</b>		
Ba Guan (Cupping)	30min	400
Gua Sha (Scrapping)	30min	400
Herbal Compress	30min	400
Traditional Chinese Massage	1 hr / 1hr 30min	700 / 900
Traditional Chinese Package	2hrs	1,100

Prices are in CNY and subject to 6% tax.

# Treatment Price List



Chuan Signature Facials	Durations	Price (RMB)
 Chuan Yu	1hr 15min	900
<b>Thalgo Facials</b>		
 Collagen Velvet Eye	30min	480
 Beauty Flash (without mask)	45min	600
 Hydra-Moisture Facial	1hr 15min	900
 Micronized Marine Algae (MMA) Facial treatment	1hr 15min	900
 Silicium Super-Lift Facial	1hr 30min	1,580
<b>Chuan Signature Wraps &amp; Scrubs</b>		
Chuan Herbal Salt Scrub	30min	480
Chuan Muddy Elements	1hr 30min	1,100
<b>Wraps &amp; Scrubs</b>		
Coffee Scrub	45min	600
 Micronized Marine Algae (MMA) Body treatment	2hr	1,400
<b>Bust Treatments</b>		
Bust Firming (without Serum)	1hr 15min	1,100
Bust Firming (with Firming Serum)	1hr 30min	1,400
<b>Chuan Man</b>		
Chuan Man Maintenance	1hr	800
Chuan Man's World	1hr 15min	900
<b>Chuan Hand and Foot Therapies</b>		
Chuan Healing Hands	1hr	600
Chuan Feet Retreat	1hr	600
Chuan Heavenly Jing Luo	1hr 30min	900
Chuan Reflex Remedy	1hr	600

Prices are in CNY and subject to 6% tax.